

# 2021

# October

St. Mary's is a Christ centered school where all enter to learn and exit to serve.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	01	02	03
				Cheese Pizza, Vegetable Blend, Carrot Sticks, Apples, Milk		
04	05	06	07	08	09	10
Taco Burger on WG Bun, Green Beans, Lettuce, Applesauce, Milk	Deli Sub, WG Bun, Corn Cucumber, Peaches, Milk	Meatballs, Gravy, WG Bread, Mashed Potatoes, Glazed Carrots, Pears, Milk	Cheeseburger, WG Bun, Baked Beans Celery, Mandarin Oranges, Milk	Grilled Cheese, Broccoli, Carrot Sticks, Pineapple, Milk		
11	12	13	14	15	16	17
Spaghetti, WG Garlic Bread, Green Beans, Carrot Sticks, Banana, Milk	Hot Ham & Cheese on WG Bun, Baked Beans, Celery, Peaches, Milk	Chicken Wrap, WG Tortilla, Lettuce, Glazed Carrots, Applesauce, Milk	Hot Chicken Sandwich, WG Bun, Broccoli, Cucumbers, Pears, Milk	Cheese Pizza, Vegetable Blend, Tri Tater, Pineapple, Milk		
18	19	20	21	22	23	24
Hamburger on WG Bun, Green Beans, Celery, Applesauce, Milk	Sausage Patty, French Toast, Broccoli, Carrot Sticks, Mandarin Oranges, Milk	Hamburger Gravy, WG Bread, Mashed Potatoes, Peas & Carrots, Pineapple, Milk	No School	No School		
25	26	27	28	29	30	31
Sloppy Joe on WG Bun, Green Beans, Peppers, Banana, Milk	Chicken Nuggets, WG Bread, Mashed Potatoes, Chicken Gravy, Corn, Pears, Milk	Chicken Taco, WG Tortilla, Lettuce, Tomatoes, Pineapple, Milk	Meatball Sub on WG Bun, Baked Beans, Carrot Sticks, Peaches, Milk	Cheese Pizza, Vegetable Blend, Celery, Pineapple, Milk		
WG-Whole Grain	Milk=1% white of Fat-Free Chocolate					
USDA is an equal opportunity provider						